

# REFERRALS

COMING ALONGSIDE PEOPLE IN CRISIS: TOOL TIME FOR WOMEN

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## EMERGENCIES

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If in doubt...911

Child Abuse Hotline (Douglas County) – 303.688.4825 x9

Women’s Crisis Center (Castle Rock) – 303.688.8484

Suicide/Depression Hotline – 303.860.1200

Youth Support Hotline – 303.894.9000

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## FOOD/MONEY/SHELTER

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Douglas County Human Services

Contact info

Phone: 303.688.4825

Website: [www.douglas.co.us/humanservices](http://www.douglas.co.us/humanservices)

Assistance

Child support – 303.814.7145

Cash, food & medical programs and utility assistance – 303.688.4825 x5341

LEAP (Low-income Energy Assistance Program) - 866.432.8435

Child care assistance – 303.688.4825 x5340

Food assistance – 303.688.4825

WIC (food for women and young children) – 303.663.7650

Medical assistance – 303.688.4825

Heritage Evangelical Free Church – 303.600.9911

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## COUNSELING

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### TOP RECOMMENDATIONS

Southwest Counseling Associates

Contact info

Phone: 303.730.1717

Website: [www.southwestcounseling.org](http://www.southwestcounseling.org)

Location: Littleton

Information

Cost: \$120/session if paying cash

Insurance accepted

Scholarships available based on need

Demo: Group of 20 experienced, Christian counselors who work with children, adolescents, adults, couples, and families

Harvey Powers, Ph.D

Contact info

Phone: 303.807.9900

Website: [www.redimere.com](http://www.redimere.com)

Location: Greenwood Village (Tech Center)

Note: Harvey is a premier Christian counselor in Denver

#### **LOW-COST COUNSELING**

Denver Seminary: Shepherd's Gate

Contact info

Phone: 303.762.6987

Website: [www.denverseminary.edu/resources/shepherds-gate-counseling-center](http://www.denverseminary.edu/resources/shepherds-gate-counseling-center)

Location: Littleton

Information

Cost: \$0-\$15/session...based on income

Christian counseling by Seminary students; counselors change each semester

#### **CHILDREN**

Lee Dudley

Specialty: Foster children; Families; Equine Assisted Psychotherapy

Contact info

Phone: 303.478.8734

Website:

Littleton: Parker

Note: I highly recommend Lee. She is not a Christian counselor, but is a solid therapist and great with children.

Chantal Spires

Contact info

Phone: 720.344.1282

Kyla Reed

Contact info

Phone: 303.229.9281

#### **ADOLESCENT BOYS**

Charles "Chip" Sawyer

Contact info

Phone: 303.229.3348

Website: [www.redimere.com](http://www.redimere.com)

Location: Greenwood Village (Tech Center)

#### **ADOLESCENT GIRLS**

Sharron Romig

Contact info

Phone: 720.270.3329

Location: Littleton

## **ADULT MEN**

Jason Martinkus

Contact info

Phone: 303.596.2734

Website: [www.redemptiveliving.com](http://www.redemptiveliving.com)

Mark Miller

Contact info

Phone: 303.713.1001

Website: [www.redimere.com](http://www.redimere.com)

Location: Greenwood Village (Tech Center)

## **ADULT WOMEN**

Kerri Williams

Contact info

Phone: 303.557.8155

Sharron Romig

Contact info

Phone: 720.270.3329

Location: Littleton

## **COUPLES**

Beverly Powers

Contact info

Phone: 303.713.1001

Website: [www.redimere.com](http://www.redimere.com)

Location: Greenwood Village (Tech Center)

Kerri Williams

Contact info

Phone: 303.557.8155

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## **COUNSELING SPECIALITIES**

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### **ADDICTIONS**

Arapahoe/Douglas Mental Health Network

Contact info

Phone: 303.730.8858

Location: Castle Rock – 1189 S Perry St, Ste 150

### **DOMESTIC VIOLENCE**

Women's Crisis Center

Contact info

Phone: 303.688.8484

Location: Castle Rock

Demo: They offer both individual and group counseling

**EATING DISORDERS**

Amy McAllister  
Contact info  
Phone: 303.513.7822

**POST-ABORTION**

Marcia Schultz  
Contact info  
Phone: 303.325.8218

Maurine Yackie  
Contact info  
Phone: 303.298.8815

**PORNOGRAPHY/SEXUAL ADDICTIONS/SEXUAL ABUSE - MEN**

Jason Martinkus  
Contact info  
Phone: 303.596.2734  
Website: [www.redemptiveliving.com](http://www.redemptiveliving.com)

Mark Miller  
Contact info  
Phone: 303.713.1001  
Website: [www.redimere.com](http://www.redimere.com)  
Location: Greenwood Village (Tech Center)

**SEXUAL ABUSE - WOMEN**

Vickie Johnson  
Contact info  
Phone: 303.798.8836

**SEXUAL ABUSE SUPPORT GROUP – MEN & WOMEN**

WINGS Foundation  
Contact info  
Phone: 303.238.8660  
Website: [www.wingsfound.org](http://www.wingsfound.org)  
Demo: WINGS is a non-profit focused on helping both male and female adult survivors of childhood sexual abuse through therapist-facilitated peer support groups. There are 16 groups around the Denver/Colorado Springs area. Groups are gender specific.